

Parent to do's

In order to promote the health and well-being of our students with allergies we require all parents of children with allergies to provide and do the following:

1. An up to date Emergency Care Plan: <http://www.foodallergy.org/file/emergency-care-plan.pdf> . This must be filled out and signed by the child's allergy doctor. This form can be obtained from your child's allergy doctor.
2. Permission to administer medication form: http://school.stpiusx.com/pdf/school_forms/medication_form.pdf
3. Medications (ie. Epipens, antihistamines).
4. Two clear plastic boxes each containing the three aforementioned items. On the outside of the boxes please write your child's first and last name and grade. Please tape an up to date photo of your child on the front of the box.
5. Meet with your child's teacher(s) before school begins and discuss the Emergency Care Plan in depth. Discuss any other accommodations or services needed for your child.
6. While students are not permitted to eat on buses, it is important that the bus driver is aware of your child's allergy. It is strongly encouraged to give him/her a copy of the Emergency Care Plan.

Education and Awareness

In order to promote the health and well-being of our students with food allergies we have implemented the FARE (Food Allergy Research and Education); "Be a PAL: Protect A Life From Food Allergies" education program for our K-3 students. This program helps children to learn about food allergies and it teaches them how to be a PAL to their friends that have food allergies. Children will learn the following:

- Food allergies are very serious.
- Don't share your food with friends who have food allergies.
- Wash hands after eating.
- Help all your friends and classmates have fun together.
- If a friend with food allergies feels sick, get help right away!

Snack Safely Guide: <http://snacksafely.com/snacklist-20161003.pdf> Updated Monthly.

	Classroom and Special Areas (library, computer, music, art, PE)	Cafeteria	Transportation	School Activities and Events
School Environment	<ul style="list-style-type: none"> • Teachers will avoid the use of identified allergens in class projects, parties, holidays and celebrations, arts, crafts, science experiments, cooking, snacks, or rewards. They will modify class materials as needed. • Parents will be contacted and permission must be granted if food from a restaurant will be brought in to the classroom. • Classroom teachers, along with special teachers will be given a copy of your child's Emergency Care Plan. • Teachers will have rapid access to epinephrine auto-injectors in cases of a food allergy emergency. • All classroom teachers are trained on how to administer an Epi-Pen. 	<ul style="list-style-type: none"> • There is designated allergy-friendly seating during meals open to any child eating foods free of identified allergens. • Have rapid access to epinephrine auto-injectors in cases of a food allergy emergency. 	<ul style="list-style-type: none"> • It is mandated by the Kenton County Bus Garage that food is not allowed to be eaten at any time on school buses. • Bus drivers are trained on how to administer an Epi-Pen. 	<ul style="list-style-type: none"> • When field trips are planned, precautions will be taken to ensure the location is safe for children with food allergies. • No child with food allergies will be excluded from field trips, events, or extracurricular activities. • If a legal guardian of a child with food allergies is unable to chaperone a field trip, the child will be placed with the classroom teacher. Written permission may grant the child to be placed with another chaperone. • Classroom teachers will carry the provided Epi-Pens to all field trips.

	Classroom and Special Areas (library, computer, music, art, PE)	Cafeteria	Transportation	School Activities and Events
Meals and Snacks	<ul style="list-style-type: none"> • Teachers will avoid the use of identified allergens when passing out treats in the classroom. • Teachers will also use nonfood incentives for prizes, gifts and awards. • Treats brought into the classroom by others should have the original store ingredient label and be free of identified allergens. If a food item is brought in without a label or is homemade it will not be given to a child with a food allergy. In this circumstance the child with the food allergy will be allowed to choose a treat from their own individual treat box if there is one provided. • Teachers will read labels of foods provided by others so students can avoid ingesting hidden allergens. • Teachers will support parents of children with food allergies who wish to provide safe snack items for their child in the event of unexpected circumstances (example: treats brought in without ingredient label or homemade treats). • Teachers will encourage children to wash their hands before and after handling or consuming food. • Teachers will include information about children with food allergies in instructions for substitute teachers. 	<ul style="list-style-type: none"> • There is designated allergy-friendly seating during meals open to any child eating foods free of identified allergens. • Mrs. Depenbrock is prepared to share food labels, recipes, and ingredient lists for food prepared in the cafeteria. • When a student with an allergy enters their lunch number a note appears with their allergies listed. • Peanut butter and Jelly sandwiches are made in a separate location from the rest of the food to eliminate cross contact. • Peanut butter and Jelly Sandwiches are individually wrapped in a plastic bag and kept in a container to avoid cross-contact. • There is rapid access to epinephrine auto-injectors in cases of a food allergy emergency. 	<ul style="list-style-type: none"> • It is mandated by the Kenton County Bus Garage that food is not allowed to be eaten at any time on school buses. • Bus drivers are trained on how to administer an Epi-Pen. 	<ul style="list-style-type: none"> • Teachers will identify special needs before field trips and events. • Meals and snacks will be packaged appropriately to avoid cross-contact. • Teachers will encourage students to wash their hands before and after eating. • Classroom teachers will carry the provided Epi-Pens to all field trips. • Parents will be notified of the foods that will be provided by PTG sponsored events.